

**WSU Department of Athletics
Athletic Training Program
Student-Athlete Concussion Statement**

I understand that it is my responsibility to report all injuries and illnesses to my athletic trainer and/or team physician.

I have read and understand the *NCAA Concussion Fact Sheet*.

After reading the NCAA Concussion fact sheet, I am aware of the following information:

_____ A concussion is a brain injury, which I am responsible for reporting to my
Initial athletic or trainer team physician.

_____ A concussion can affect my ability to perform everyday activities, and affect
Initial reaction time, balance, sleep, and classroom performance.

_____ You cannot see a concussion, but you might notice some of the symptoms
Initial right away. Other symptoms can show up hours or days after the injury.

_____ If I suspect a teammate has a concussion, I am responsible for reporting the
Initial injury to my athletic trainer or team physician.

_____ I will not return to play in a game or practice if I have received a blow to
Initial the head or body that results in concussion-related symptoms.

_____ Following concussion the brain needs time to heal. You are much more likely
Initial to have a repeat concussion if you return to play before your symptoms resolve.

_____ In rare cases, repeat concussions can cause permanent brain damage, and
Initial even death.

Signature of Student-Athlete

Date

Printed name of Student-Athlete